

1st INTERNATIONAL CHILDREN'S
PEACE CONFERENCE
STŘÍLKY 2003



We want to live in peace on the healthy planet Earth
BULLETIN

1st INTERNATIONAL CHILDREN'S PEACE CONFERENCE STŘÍLKY 2003



1st INTERNATIONAL CHILDREN'S PEACE CONFERENCE
organised by Association Yoga in Daily Life Strilky.

Initiator of this Conference is
Mahamandaleshwar Paramhans Swami Maheshwarananda.

Date

Thursday, August 7, 2003

Location

Yoga in Daily life Centre
Strilky, Zamecká 202

Participants

Children and youth aged six to twenty five years
from different countries, participants
of summer seminar in Strilky and invited guests.

Goal

To realize the importance of life in peace, harmony
with nature, importance of positive relationships among humans,
and one's own responsibility in the life.

1st INTERNATIONAL CHILDREN'S PEACE CONFERENCE

will take place on 12th of August 2003 in Střílky

motto: We want to live in peace on the healthy planet Earth

Topics:

1. Life without wars, peace on the Earth.
2. The Earth - healthy planet.
3. What can I myself do for peace?
4. How can I contribute to make our planet healthier?
5. Can I positively influence relationships among my friends and inside my family?
6. How do I wish life on the Earth to be in the year 2023?
7. What do I really not wish the whole mankind to face in the future?
8. What would I like to observe on a journey through Universe?
9. Define five main laws that should be in force in our society.
10. What would I suggest to our president, if I were his adviser?
11. What would my life be like if I were my own dog for 24 hours?
12. What to do to make sure that whole world never suffers from famine, fear and loneliness?
13. The children have added one more topic: Interreligious tolerance.

Forms of Presentation

Poems, short stories, reflections, songs, playing musical instruments, pictures, theatre play, etc.

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2nd Round - The Conference

The conference lasted from 4:30 PM till 7:00 PM. Every participant had 3-5 minutes to make his or her presentation. During the conference there was an exhibition of artwork by participants from Slovakia, Poland, Germany, Hungary, Croatia, the USA and the Czech Republic.

Program:

1. Introduction. Anna Škvařilová - 18 years, Brno, CZ.
2. I praise you, my Earth (song).
3. Healthy planet, the Earth (report). Karolína Kupková - 11 years, Ostrava, CZ.
4. What I would wish to see on the Earth (report). Marek Bohdan - 12 years, Kláštor pod Znievom, SK.
5. Fipple flute (musical performance). Adéla Ďásková - 8 years, Ostrava, CZ.
6. What would I like to observe on a journey through the Universe (report). Martina Knapová - 13 years, Ostrava, CZ.
7. The Brodik family (short story). Anna Himmerová - 11 years, Nový Jičín, CZ and Andrea Podsedníková - 11 years, Praha, CZ.
8. Indian chieftain (short skit). Martin Roj - 10 years, Prachatice, CZ and Mikoláš Belec - 11 years, Netolice, CZ.
9. Tolerance (short story). Peter Malinič - 13 years, Smižany, SK.
10. Flute (musical performance). Náráján Pajerchin - 12 years, Trnava, SK.
11. Two Planets (fairy tale). Johanna Marini - 12 years, Winter Springs, Florida, USA.
12. Fipple flute (musical performance). Alica Goliatová - 8 years, Žilina, SK.
13. The Emperor and the Scribe (fairy tale). Súrja Knap - 10 years, Pribovce, SK and Vidžaja Knap - 6 years, Pribovce, SK.
14. Healthy planet, the Earth (report). Michaela Rojová - 13 years, Prachatice, CZ and Daniela Němcová - 14 years, Prachatice, CZ.

15. Interreligious tolerance (report). Dan Marini - 11 years, Winter Springs, Florida, USA.
16. Chvala (song). Mia Pavišić - 12 years, Zagreb, CR and Hana Sundać - 13 years, Zagreb, CR.
17. Mother (poem). Aneta Lajchová - 8 years, Nový Jičín, CZ.
18. Waste belongs in the basket (short scene). Andrea Mudrová - 8 years, Plzeň, CZ and Eva Nepivodová - 8 years, Český Krumlov, CZ.
19. Five rules that should be adopted by our society (report). Jan Levý - 11 years, Praha, CZ.
20. It's not necessary (song). Denisa Jurczyková (voice) - 12 years, Český Těšín, CZ and Daniela Němcová (guitar) - 14 years, Prachatice, CZ.
21. Charles's reflection (short story). Jana Knapová - 15 years, Ostrava, CZ.
22. Two families (short scene).
23. My little prayer (prayer). Iva Kapráliková - 19 years, Martin, SK.
24. Greetings from Polish children (greetings). Piotr Jaworski - Warsaw, PL.
25. What the Earth should be like in the year 2023 (report). Václav Knap - 10 years, Ostrava, CZ.
26. Conclusion.

I Praise You My Earth

1. I praise you my Earth
your heat and frost.
Your green grass
attracts us still.
2. You have a veil of clouds
white as the snow
My star, the barge of miracles
in the heaven,
May the star dust
in front of my planet be cleaned.
3. Give water to all the plants,
Give the birds enough to drink,
Please, give your grace also to us
Give us rest and peace.

Song by Jaroslav Uhlíř and Zdeňek Svěrák



The Earth - Healthy Planet

Our Earth is in bad shape and therefore we have to help her. Everybody should first learn how to conserve resources in his own home. There are 144 flats in our house and there are 6 similar blocks of flats nearby. How many trees will die so that each flat receives a bundle of advertisement leaflets? This can be prevented by a notice on your mail box saying you don't wish to receive any leaflets. Then, the number of trees is decreasing, since many of them are dying. And the remaining healthy trees are cut down to make paper that is often printed with senseless advertisements, or used for printing magazines with rather harmful content.

There is one self-sacrificing elderly lady in our house who provided a special box by the mail boxes to people to put all those useless flyers, old newspapers and magazines in. She takes all of them to the recycle bin. That is a small way to save our forests and it is a nice example of human cooperation. We should learn how to save electricity and water, too. People often don't use electricity economically: they switch on the lights when there is enough daylight. We should also save water. People should take a shower instead of taking a bath. Also, there is equipment to make flushing the toilet more nature friendly.

In my neighbourhood, there are often different ecological campaigns being organized. Mostly children and a few dedicated adults take part in these projects. Unfortunately most people are only interested in this kind of activities if they are connected with some financial profit. I propose starting a project called "For a healthy Earth" that would increase the participation of adults. Parents with their children would give their suggestions on how to improve our environment, and then they would put those suggestions into practice.

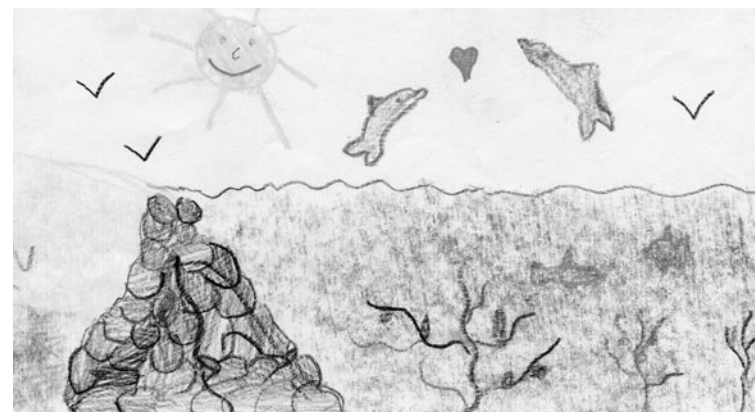
The destiny of the Earth is in our hands!

Karolína Kupková, 11 years, Ostrava

What I Wish to See on the Earth

I wish people on Earth were sincere and kind to each other, I wish no weapons existed, because nowadays people solve their quarreling and arguing with violence. Also, thousands of people are killed because of religions – because of wars the Earth is getting very polluted, because people use different chemical weapons. The Earth and nature also get polluted, because trees and forests are cut down, and I think that in a few decades we will have no air to breathe, different kinds of animals won't exist any more. Although we wish to have comfort, I would not solve it by killing animals for their fur and leather. In a few years some countries will be flooded since the ozone hole is becoming larger and larger, the glaciers are melting, and so the sea level is rising. And I think if people stopped doing these things and started reforming them, nature would be as beautiful again as it used to be before.

Marek and Silvia Bohdanovi, Kláštor pod Znievom



What I Would Like to See During My Space Journey

Most of you probably do not know that Jan Keppler once devised a rocket that took him beyond the boundaries of the solar system. It was his bad or good luck that he had an accident, and he had to spend three days on the Planet of Love. Then Jan Keppler returned to the Earth to spread a message of love, harmony, tolerance, peace and understanding there.

When my grandma told me this story I decided to imitate it. I became a cosmonaut. In one year we left the Earth, and then also the solar system – but probably at another place than Jan Keppler. We travelled on and on, and suddenly there was a faint glare in a distance. It was a middle-sized planet, and we landed. The inhabitants of this planet accepted us quickly among themselves. They promised to take care of our spaceship and showed us our new dwelling. At first glance it seemed that the inhabitants tolerated and loved each other; but on more close examination we saw that they gossiped and slandered each other, and when the victim found out there were even rows. It was the Planet of Pretension.

Then we visited second planet. This one was very strange: people quarrelled all the time among themselves, they despised each other and fought; but as for nature, it was strictly protected. Whoever tore a leaf of grass, was surely executed. So we decided we had better leave this planet quickly.

On the third planet there lived only animals but they behaved so well to each other - a hundred times better than people on the previous planets. They always helped each other, they radiated peace and calmness. They should serve as an example for us. When we had left this planet, something strange happened; it seemed as if a colossal hand seized our spaceship, and suddenly we felt we were landing. We left the ship, and guess where we were? On the Planet of Love. Can you imagine so much peace, love and joy those people radiated? We visited the Beach of Harmony, the Sea of Joy, and Dazzle Bay. I wished so much to stay there but it was not possible. We had to follow the example of Jan Keppler and to bring the message of the Planet of Love to our Earth.

Before I finish I would like to say that this story is about what I saw but the theme was: what I would like to see during my space journey. The aim of this journey was to visit the Planet of Love, but a glance at it changed my opinion. Every time I return from my space journey I would like to see that people started to tolerate, love and understand each other, and the nature ceases to suffer. I do not wish to see anything else.

Martina Knapová, 13 years, Ostrava

Story about the Brodik Family

The Brodik family lived in a two-storey villa. They had three children - Martina, Matej, and little Kamila. Martina was eleven, the other two were six years younger. The parents used to leave for work before their children woke up, and they returned late in the evening. It was the eldest daughter Martina who was taking care of the household. Before leaving for school, Martina had to make breakfast for children and to take them to kindergarten.

Once, having come back from school, Martina found her Mother sitting on the couch and looking sad. "Mother, have you taken a day off?" asked Martina. "No, my dear, our company has gone bankrupt and I have been fired" answered Mother. "I am afraid of how father is going to take it."

Father returned home drunk, and when he heard the news, he got very angry: "How are we going to make our living now?" he cried. This situation happened repeatedly every evening.

Martina used to go to school in a sad mood in those days and return home quickly to gladden her Mother. Her best friend Jindra did not have any idea what was going on. One day, one friend of hers, Bětka, told her: "Martina has got another friend. Every day, when the school is over, she runs to see her. I have even seen them together!"

So Jindra came to Martina and told her they don't need to be friends if she doesn't want to, and then she left. Martina tried to catch up with her and to tell her the truth but Jindra didn't pay any attention to her.

The situation with the Brodiks was getting worse and worse. Father often boozed and then he used to come home drunk and yell nonsense things. Jindra was living across from the Brodiks and so she could see inside their flat. Slowly, slowly she came to understand the matter.

Once, after the parents had another quarrel, Martina couldn't stand it any longer, so she grabbed her brother and sister and went out to sleep on the meadow. It was raining that night. In the morning, the children woke up completely frozen and they were coughing. The parents woke up at home but did not look for their children. Father was drunk again. He burst in into mother's room just when the bell was ringing. Mom ran out of the room, locked father in there and put the key into the lock from the outer side. Then she went to open the door. On the doorstep her furious mother-in-law was standing. Without even saying "Hello!" she began shouting: "How is it possible that you are not visiting me at all? You know how much I like my grandchildren!" Mom was explaining to her that they couldn't take their holiday yet. She wouldn't ever admit that she had been fired. Then the wet children arrived. Mom took them to the doctor, and he found out that they had pneumonia and he said they had to go to the hospital. Meanwhile father woke up and called out to his mother to free him from the room. After a long search she found him and let him out. When he heard what had happened to the children, he promised not to drink any more. Meanwhile Jindra was sitting by Martina's bed in the hospital. They were watching TV when there was a breaking news report: "Today, the war in Iraq ended."

Anna Himmerová - 11 years, Nový Jičín

Andrea Podsedníková - 11 years, Praha

Indian Chief

Once upon a time, there was a very rich man who would give even his life for money. He went to a beautiful forest, started fishing, and when he caught a fish, he started felling trees. Then he broke some branches and made fire and ate his fish. Before falling asleep, as usual, he drew out his wallet to check how many dollars he had, then he stretched out to sleep. After the sun came up the next morning, he had to make sure his dollars hadn't disappeared. Next he decided to go on cutting trees. He was just about to make the first cut when suddenly an Indian chief appeared and said: "I've been watching you for a few days already: "Human, when you catch the last fish and cut down the last tree, you will realise you cannot eat your dollars!"

Swamiji tells us this story so we stop our greediness and start protecting mother Earth. So please take a lesson from this story.

Thank you.

Martin Roj - 10 years, Prachatice
Mikoláš Belec - 11 years, Netolice



A Story on Religious Tolerance.

Once a man came to a new city where he had bought an apartment. He had an apartment but no job. So he went to a rich owner of a big prosperous company. The owner took the man's CV and interviewed him but when he found out that he had a different religion than the citizens of that country, he told him: "I'm sorry, I can't give you this job, we don't have any openings." The man left very disappointed. The boss just smiled.

In the evening, when the boss came home, his child was greeting him: "Daddy, we had a very interesting debate about tolerance between religions today in school. Did you know that most of the conflicts in the world have arisen because of different religious beliefs?" After these words the child turned over and went to bed. The father – the businessman – was thinking all this over late at night and then went to sleep, too. Next day, he called the man and told him there would be a job for him there and asked him whether he is still interested so that he could hire him. The man was very happy and the boss finally realized that the tolerance among religions is a very important matter.

Peter Malinič – 13 years, Smižany

About Two Planets

Once upon a time there were two planets. One planet was positive. But the second was negative. On the negative planet, there lived a positive girl. And she was trying to get to the positive planet. But first she had to climb the highest mountain. So she did it. When she got there she met two men. She asked one of them how to get to other planet. He answered: "You have to establish peace towards everybody, even towards those who don't want to be at peace with you."

So she tried on and on and on. Finally, after the twenty-fifth try, she succeeded. She went back and told those men she had completed her task. They let her go. She went over half of the bridge and when she looked down, she saw negative things. When she looked up she saw positive things. She went on.

The End.

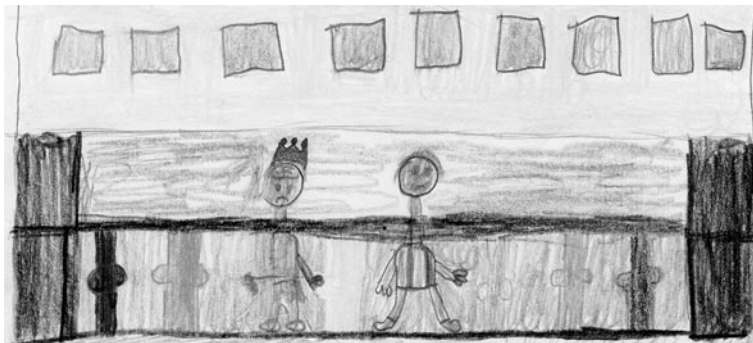
Johana Marini - 12 years, Winters Springs

The Emperor and the Scribe - Daniel Hevier

The emperor announced:
“All soldiers should come to me immediately!”
The scribe wrote down:
“All clowns should come to me immediately!”
The emperor announced:
“Everybody should be fully armed!”
The scribe wrote down:
“Everybody should fully laugh!”
The emperor announced:
“Everybody should be prepared for war!”
The scribe wrote down:
“Everybody should be happy and satisfied!”
The emperor announced:
“Together we will conquer the whole world !”
The scribe wrote down:
“Each person shall plant one nice flower!”

So on the next day, in front of the emperor's palace, lots of clowns, buffoons and ordinarily happy people gathered. And the big war didn't start. How easy it is to conquer the world with laughing people, who plant flowers in their environs. The ending is always like this when emperor's scribe is a little bit deaf!

Súrja Knap – 10 years, Pribovce
Vidžaja Knap – 6 years, Pribovce



The Healthy Earth

For sure it is the wish of everyone of us to live on healthy Earth. But our planet's condition is getting worse and worse. Why? Because the people aren't at all aware of what they do. They built a factory but then nobody cares about what is done with its waste or that the clouds of smoke going out from its chimney pollute the air. The next thing is cutting down trees which doesn't suit the Earth either.

Just imagine that one day only one living tree could remain. There wouldn't be any air left for people to breathe because there wouldn't be anything to produce the oxygen here. Maybe then we would realize the fact that nature can easily exist without us but we cannot exist without nature. And that's why we do have to protect it. But how?

Maybe it would be the best if everybody started on his own. If we don't buy so many things we don't need and if we don't waste, there won't be so much garbage either. Nobody should see any problem in making a few steps in the direction of the dustbin to throw the litter there where it belongs. When there is garbage everywhere, then everybody will throw anything away without any hesitation. But when there is no mess anywhere, when everything is clean, then we will think twice before throwing a tin can into the grass. I'm sure that also everybody will notice the dustbins marked GLASS, PLASTIC, PAPER. Exactly here we can sort the litter.

Of course, it concerns not only us the people - how do the fish feel when at the bank of their river a red Felicia car stops and a lot of toxic detergents suddenly start running into the water? When the car is shining again, its owner leaves without paying any attention to what they left in the water over there. But it's not only the fish suffering because of man. The other animals do not hurt the men either, so why hurt them?! These were only a few examples of human ruthlessness towards nature. So we plead with you to try to make up for all the damage and harm. Very soon you are going to hear what the Earth herself says...

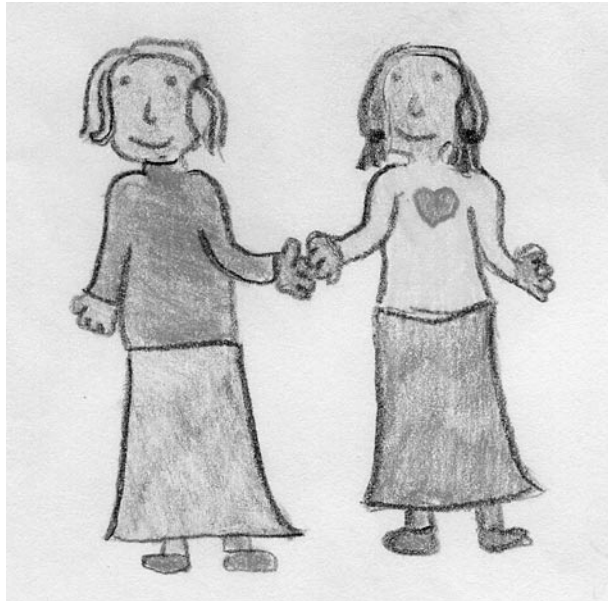
Michaela Rojová and Daniela Němcová

A Story about Tolerance between Religions

Religion! Is this another name for war? My God is better than your God. In 1620 the Pilgrims set sail to America because they were forced to believe a religion they did not want to believe. Could this have been the start of the American Revolution?

Hasn't this been happening throughout history? In this world is it not better to have one more friend than one more enemy? If we learn to respect others' religious beliefs will this not be a start for world peace? Swamiji says and believes that "World peace is in your hands." For world peace to be in our hands it also must be in our minds. Could the solution to wars be as simple as respect? We will never know until we try.

Dan Marini – 13 years, Winter Springs



Thank You

For every kind word
which you have said to us,
for every glance from you,
for every smile, thank you

In the life
there is so little good,
but the sun always
comes out from behind the clouds.

And to my heart
you have given so much
there are no other words to
tell, but Thank you
from my whole heart.

Croatian song

Mia Pavišić – 12 years, Zagreb
Hana Sundać – 13 years, Zagreb



Aneta Lajchová – 8 years, Nový Jičín

Five Main Laws that Should be Kept in a Society

Law No. 1:

IF TWO STATES (OR PERSONS) DO NOT REACH MUTUAL CONSENT, THEY SHOULD NOT RESORT TO WEAPONS

It often occurs that someone does not agree with another one. If two states have a dispute, they usually resolve it by war. If this happens between a stronger one and a weaker one, the weak one suffers. But it should not be like this. The preferable solution would be a solution without weapons.

Law No. 2:

PEOPLE SHOULD NOT KILL ANIMALS

When we are used to killing animals, probably with the perspective of eating them afterwards, we need something to feed them with. Sixty kilograms of wheat (enough to feed 120 people) are necessary for the “production” of one kilogram of meat (barely enough to provide a meal for three persons). Owing to such waste, people die of hunger somewhere. Moreover, there are also ethical reasons. The same rabbit you were petting and caressing yesterday, is on your plate today. This is called “love towards animals!” But modern people do not understand it. They buy meat in a neat parcel somewhere in a supermarket, and they do not think over: what is it? It is not something that (in the best case) a short time ago was joyfully jumping in a meadow. If you have not yet done so, please go vegetarian.

Law No. 3:

PEOPLE SHOULD SAVE NATURE

It happens quite often that somebody (instead of making 2-3 steps and putting a paper that is blank on one side into a recycle bin) throws it into an ordinary waste-basket, and it ends up at the dump. Then more trees must be cut down for the paper production. This is dangerous because: 1) ozone is depleted, and 2) soon there will be nothing to breathe because forests supply our Earth with oxygen. Everyone should try to give a positive example.

Law No. 4:

PEOPLE SHOULD NOT MIND THE NATIONALITY OR WEALTH OF OTHERS

It happens sometimes that someone who is more wealthy behaves as a superior to the poorer one, or the whites insult people with different coloured skin. It should not be like this! Instead, people should tolerate and inspire each other.

Law No. 5:

NOTHING SHOULD BE WASTED

It happens that we see an almost untouched apple in the garbage; or somebody leaves almost all his meal on the plate. We also waste water. Owing to our wasting, many people in "undeveloped" parts of the world die of hunger. We should think it over. Naturally, we do not want people to die of hunger because of our carelessness!

Jan Levy - 11 years, Prague



There is No Need

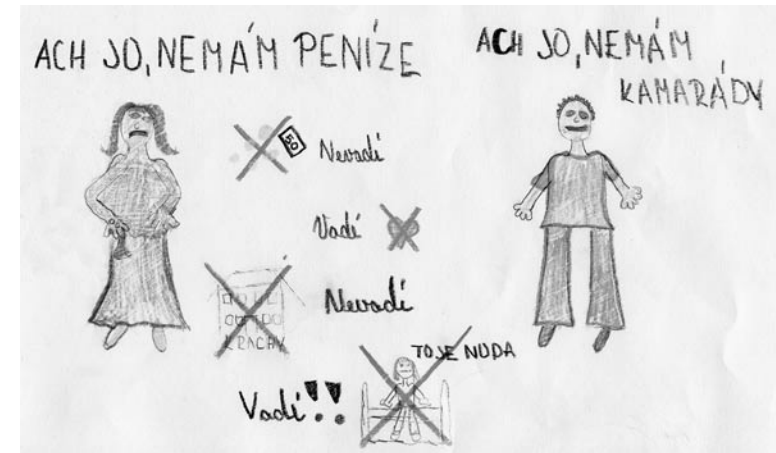
1. There's no need to be completely happy, the main thing is one should not be sad, or cry.

2. If you want you can worry that there are no golden coins rattling in your pocket, But not to have any friends, that is what I call unhappiness.

3. Not to have money – that doesn't matter.
Not to have heart – that matters!
To experience failures – that doesn't matter.
To experience boredom – yes, that matters, that matters.

1. There is no need

Song by Jaroslav Uhlíř and Zdeňek Svěrák



Charles' Reflection

Hi, my name is Charles and I am the dog of one fat man. I am getting a little bit old and therefore I am not interested so much in chasing the female dogs or retrieving. I like it the most when my master sits in his study for a long time and I lie down in my basket and think over. I have already heard and seen many things in my life and therefore please, if you once will be reading this reflection, do not say it was only a dog writing this and he doesn't understand anything. People think that animals do not understand them, but the opposite is the truth. If they are in a good mood, they give us all kinds of delicious food and pet us, but if they are in a bad mood they are torture and kill us just for fun. How beautiful it would be if people began to respect animals. Unfortunately I must say that sometimes they treat each other worse than they do dogs. Sometimes they bark at each other very much and when things get worse they take out strange things (I think master calls them weapons) and shots are heard and people are dying. If they would only sit together at one table and talk about everything, then all would surely be different. It would be interesting to imagine how would it be if animals ruled the world.

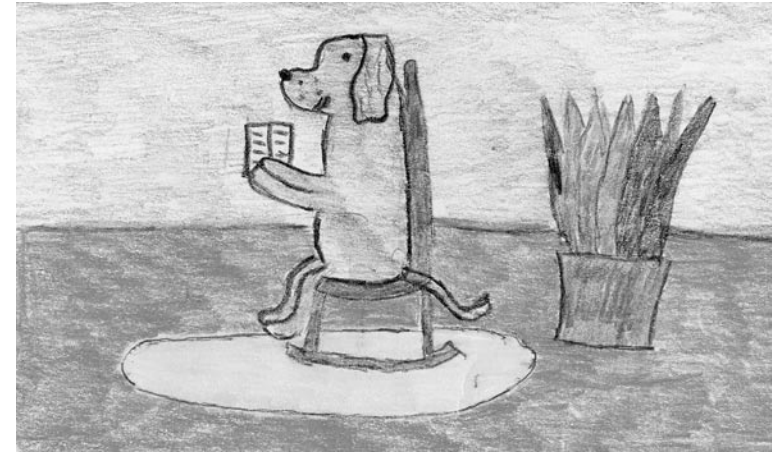
Unfortunately I must say one more complaint about people. When I am outside I observe how much garbage of different sorts there is on the ground. If there are any interesting leftovers I eat them. But what to do with the remaining litter? In a short time indeed there will be no place where I could snoop. I am not that important, but what about the Earth? There is a factory on the outskirts of town and it smells very bad. It does not smell good to me one bit. What do you think Mother Earth says about it? How many such "smelling things are there in the world?"

Always when I get a bowl of dog food, I say to myself, how lucky I am that I can have it. I have heard that it is not like this everywhere. Five years ago a female dog was living next to us and she was telling me about her travels with her master in Africa. They have never heard of dog food there. The people themselves had great shortage of food. I think that maybe it is not only Africa that has such problems. Therefore when I see my master throwing out the dinner food he doesn't like, it makes me really sick. There are many people in the world who do the same as my master. My mother taught me when I was a puppy, how important it is not to waste food. This rule should be observed by all people. I would love to send something to those who are starving, but I don't think they would appreciate dog food. As I cannot do anything, I ask you to help. From time to time I feel that if everyone thought of these problems as I do, the world would be a better place.

Oh, my head really starts to ache from all the human problems. I have to stop writing. Baw, I wish you good luck in solving all the problems of such complexity, because old dog's head is not capable of grasping them.

Your Charles

Jana Knapová – 15 years, Ostrava



Positiveness

Positiveness is very important. With a positive attitude, we can help and give advice. Family and friends are necessary. We can help them with positive advice, positive thoughts and positive support. I help my friends and family and other people. I also help plants and animals when I give them water and food regularly. Most of all I help my friends with good advice and my support, I'm always telling them that they should think positively.

I help my family, I love my family and I give them my support and do them little favours. Positiveness influences me very much. Positive energy influences all of us. With a positive attitude it is very nice to help and advise. Give a helping hand. It makes you feel brilliant.

Mia Pavišić, 12 years, Zagreb, Croatia

My little Prayer for all Beings

O my Lord, You are the one who is protecting us in the everyday business of life,
You are the one who is keeping above us your protecting hand,
You are the one who directs our steps on the right path.
Please, hear my prayer which I am sharing with you from the depth of my soul,
from my pure heart and from the love for you and for other living beings.
You are the highest one, O my Lord.

My dear Lord, please

Teach me to walk with my bare feet on the snow,
to know how to help the people.
Teach me to make bread with my own hands.
Teach me not to underestimate and not to judge anyone.
Teach me to cry on the breast of mother Earth
and to master the human relationships.
Teach me to listen to the song of crickets in the forest
and the whispering of branches and the leaves of trees. Teach me to listen to silence.
Teach me to walk on the grass every morning
and then to wash my body in the lake in the evening.
My Lord, teach me to accept my mother's caresses,
and to accept the strict glance of her eyes at me.
I am asking You to give me the gift of knowing all beauties of the world
and to learn the languages of other nations.
O Lord, make me to be able to smile always,
even though my heart is closed in pain.
Please teach me to learn to forgive people,
even though they act as they want in their ignorance.
Teach me to bring peace to every family
because only like that we can overcome war.
Oh my Lord, day after day I come to you and bow to you in your divine temple,
because it is only You who is able to take care so beautifully of all of us.
O my Lord I am praying and asking You on behalf of all beings.
Let there be peace in the world always and a beautiful life on the earth forever.

Thank you very much!!!

Iva Kapráliková – 19 years, Martin

What It Could be Like on Earth in the Year 2023

It looks bad with this world. People are not aware of what they are doing. Once, I went out and saw a lady throwing plastic bottles into a garbage can; one step more, and she would be right in front of the recycling bin for plastics. Or, on our town square a sidewalk was made so people would not walk over the grass; but they go the old way all the time and destroy the grass. I asked my daddy why the ozone hole is getting larger and larger, and he said that people always want something more and that's why they use various chemicals. But if they were not so greedy the ozone hole would not have to get so large. These things should be improved.

All of us want peace. What peace really is in this condition of the Earth, I do not know. There are wars, animals and people are being killed. People do not behave well to each other. Twenty years are probably too short a time to improve it. For example, people on their way from work go to a restaurant and eat a hamburger there. Ordering this type of a meal is not right because it means torture and killing of animals. Thousands of chickens have to die. It should be changed. I wish there would be peace, calm and love worldwide. I know we will probably wait some time for these three things but every day it's going to be better and better, and finally they will come true and there will be peace everywhere.

Vaclav Knap - 10 years, Ostrava



The Song of the Earth

I am your mother, you call me the Earth.
I took you into my arms.
You breathe pure air from beautiful, healthy
forests.
I give you pure water to drink.
So take all I can give you,
I give you whatever you can carry.
I only ask that you do not overlook me.
Can you hear me cry – I can't go on anymore.

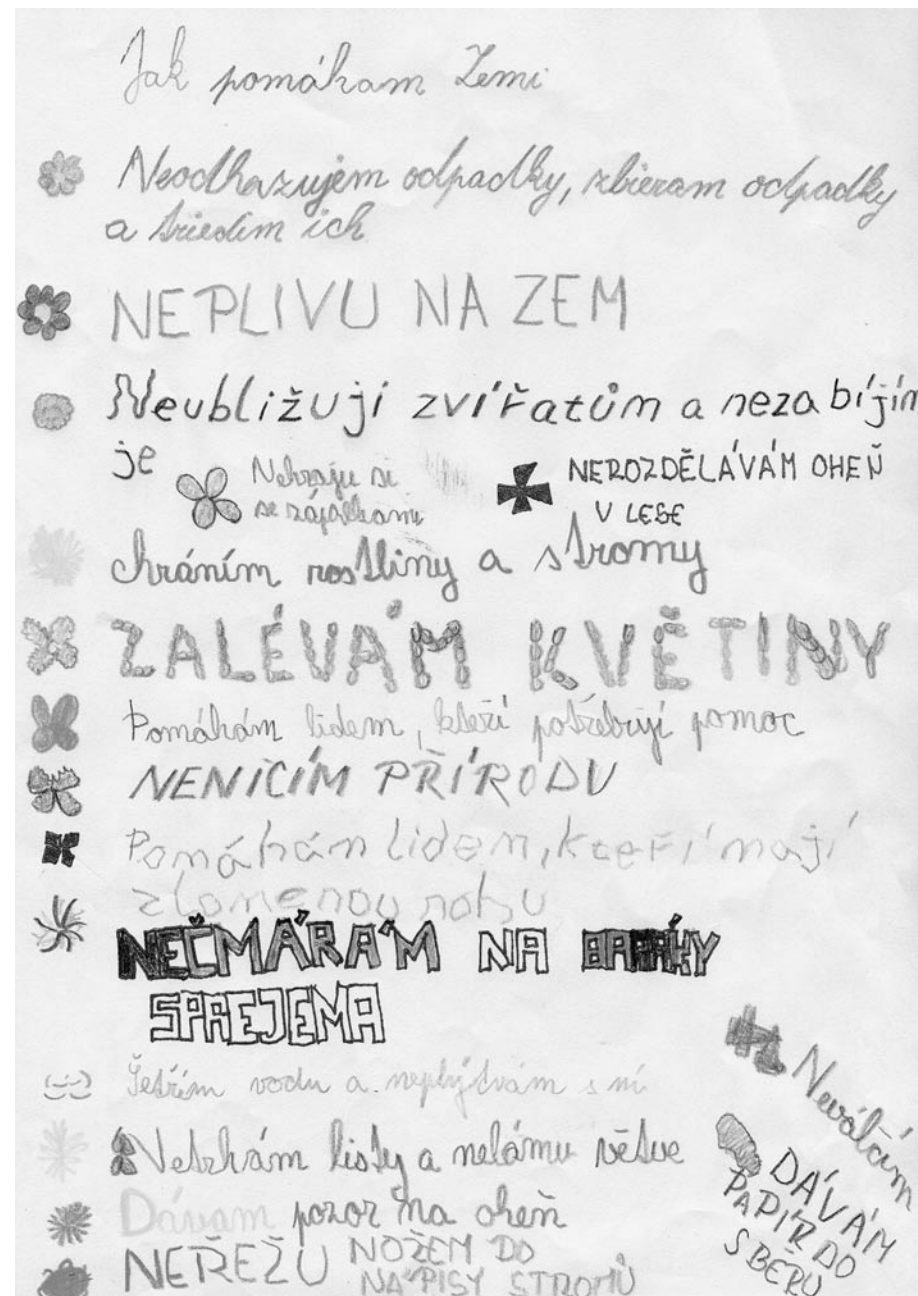
Chorus: HELP ME MY HUMAN
HELP ME MY HUMAN
HELP ME MY HUMAN
I CAN'T GO ON ANYMORE
I CAN'T GO ON ANYMORE

Enjoy the beauty of the sunset,
enjoy also the smell of flowers.
I am here with you your whole life,
so look at me now.
Enjoy the rain, enjoy the snow,
enjoy also the heat of the sun,
I only ask that you do not overlook me
and also give me whatever you can.

Chorus

Protect all living beings, you live here with them.
They have here their home.
I have your life in my hands
and you have my life in yours.
I am always here, just look.
Still I have something to give.
Please, love me as I love you,
I surrender myself to you in all my forms
as – BUTTERFLY, FLOWER, SUN, RAINBOW,
MOON, STARS, PEACE, LIFE, LOVE,
I WANT TO STAY HERE,
I WANT TO STAY HERE.

Song of Zlatuša Schindlerová



Resolutions of Conference Participants - Children and Adults

- I think that the most important thing is to love every being at least as I love my self.
- I will try everyday to think and act positively and I am not going to injure any living being either in thoughts or in deeds.
- I will control my emotions.
- I want to learn to forgive.
- Whenever possible, I will buy drinks only in returnable bottles.
- I will always turn off the lights after myself and also after the others in order to save electricity.
- I will give more time to children.
- I will buy less things which I don't need.
- I will help the Earth by planting trees.
- I will try to understand more all living beings and myself.
- I will try to save water when taking showers and washing.
- I will not eat meat and I will try to do a good deed everyday.
- I will have good logic and clear mind.
- I think that we will save the Earth if we live in peace. Peace is the essence.
- Everyday I will pray for peace and a beautiful pure Earth.
- I will compose a poem or prayer and I will repeat it every morning.
- I will try to do my best not to pollute the Earth and the forests.
- I will write on my post office box: NO ADVERTISEMENTS
- I will be nice to my brothers and sisters.
- I will not walk on the grass.
- I will not waste food.
- I will fight against racism by the peace way.
- I will try to think only positively.
- I will find peace in my heart.
- As much as I can, I will support the protection of animals and nature.
- Always I would like to follow the principle of ahimsa and love.
- I will not kill animals. Instead, I will protect them.
- We will not use plastic bottles.

- We will exercise more.
- We will separate the garbage to be the example to others.
- I will try not to criticize others and to think more positively.
- I will not cut down the flowers.
- I will not kill the animals.
- I will recycle plastics.
- We are going to be more conscious to save water and energy.
- We think that it will be very useful when we will behave well.
- We will be tolerant towards our environment and surroundings.
- We will save paper.
- We will plant trees.
- I will take care of the garden in front of my house.
- I will think it over before well buying something.
- I will stop overeating.
- Every year I will plant at least one tree.
- We will try to save water and energy and we will write on our post office box that we don't want any advertisements. And we want to limit the use of plastic bags.
- I promise that everyday I will do one good deed. All the proposals made by the children were right and therefore I will try my best to keep them.
- I will try to live modestly and consciously.
- I will try to help there where there is a need, especially the weak ones and to those who need the help.
- I will help the Earth by picking up plastic bottles and by disposing of them in the special containers.
- I will learn from children.
- I will save water
- I am not going to harm anyone by bad words.
- I am not going to eat meat anymore.
- I will try to keep better discipline in my daily life.
- I will be more careful not to waste any food at my home.
- I will not throw garbage outside of the bin.
- I am not going to be naughty anymore.
- I will try to use natural cosmetics as much as I can. I will try to separate the garbage for recycling.(glass, paper etc.)
- I am not going to ask for plastic bags in the store.
- I will try to convince more people to be vegetarians.

- Dear children of peace conference You showed me so clearly, why man should be a vegetarian. Thank you.
- Decisions:
 1. I will try to pass this message on as much as possible.
 2. Thanks to this conference I will try help others to become vegetarians.
- Much good luck in your future work.
- We are not going to throw the garbage on the Earth anymore.
- I will try to love all people without differences. And to be kind to all.
- I will go to my work on my bike, not in the car.
- I will collect all PET bottles, pick up glass bottles, containers of any kind which are thrown down around on the grass whenever I see them while walking in nature.
- I will bury all dead hedgehogs, birds, cats that I will find on the road in and around our village.
- I will try to separate all garbage before I start teaching the members of my family to do this, too, and I will offer to my relatives and close friends all good vegetarian meals in order to gently transform them.
- As I am a secondary school teacher I have the possibility not only to teach special subjects but also to teach the young people about ecology, about vegetarianism and about relations between people. I am going to try to develop it all.
- I will attentively listen to my son and to all other children and I will help them in a realization of a good ideas not only for the regeneration of the earth.
- I will collect old paper for recycling.
- I will cooperate so that we can publish the report from this beautiful conference as soon as possible.
- This beautiful work stimulated me and inspired me to think more ecologically.
- I will protect nature and the animals.
- I will collect paper, plastic bottles and cans for recycling..

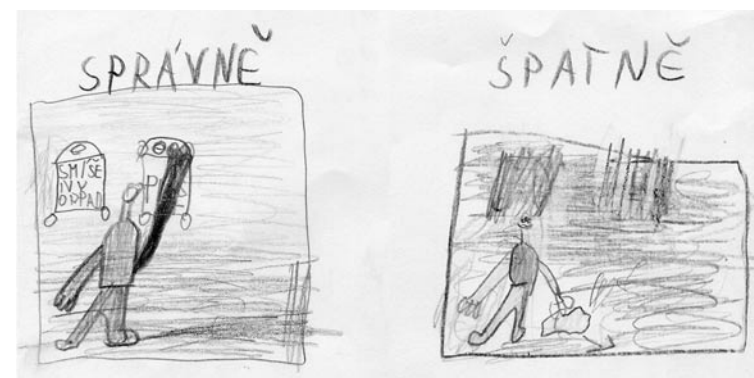
Impressions of Children

After the International peace conference in Vienna we thought it would be nice if we - the children - have our own conference, too. A lots of preparations followed, we had to announce it to other children, think of the topics, invite guests, prepare the place etc. But even during the preparations we were already tolerant and trying to behave according to ideas of the conference. Maybe that`s why it was so successful. And how did it all take place?

On Thursday 7th of August 2003 we met under a white tent on the meadow. Obviously there should have been some stage fright from last-minute preparations. But at our conference stage fright is not possible. And then it all began. Introduction, yoga performance of the song "I praise you my Earth." The first contribution claimed that the destiny of Earth is in our hands!

Some of contributions gave us food for thought, others were mostly funny. The next ones gave us advice on how to behave towards the Earth. But all of them taught us something about Peace and Mother Earth. This form is definitely much more efficient than a litany of boring data. We learned a lot that evening and in fact the whole week was beautiful. So see you next year, at the Second International Children`s Peace Conference.

Organisers (children)



Programs in Strilky Centre

Yoga courses according to the Yoga in Daily Life system

Courses led by trained instructors are suitable for groups of people of all ages, regardless of health status.

Specialised yoga courses

The focus and pace of exercise is adapted to the condition of participants

Courses focused on medical topics and rehabilitation

During the course one learns the correct body position while sitting and standing, correct walking, breathing and other practical skills. These all help to eliminate civilisation illnesses (back and joint pain, breathing difficulties, high blood pressure, obesity etc.)

Weekend yoga workshops

At the end of the workshop, participants return home relaxed, rested and mentally balanced.

International yoga seminars

Every summer, the founder of the Yoga in Daily Life system, Paramhans Swami Maheshwarananda, comes to centre and leads yoga seminars here. The seminars are attended by hundreds of people from throughout Europe, but also from Australia, New Zealand, the USA, Canada and other countries.

Courses in purification techniques

These techniques are for advanced yoga practitioners. They remove accumulated toxins from the body and improve the function of bodily organs.

Yoga programs and camps for children

These take place during the summer, autumn, winter and Easter vacations. In summertime, children are accommodated in tents in the castle park. We try to deepen their appreciation of nature, art and, most of all, of other people and the best human qualities.

Courses in vegetarian cooking

The theory and practice of lacto-vegetarian cooking. Healthy and tasty cooking inspired by Indian cuisine and ayurveda (use of spices, combination of ingredients etc.)

Ayurveda workshops

Ayurveda – the science of living a long, healthy and happy life. The application of this ancient Indian system of medicine in practice - both in daily life of the individual and in modern medicine.

Courses in art techniques

Here, one can learn drawing, painting, woodcrafting, and painting on textile and silk. In addition, creative activity can help one to find inner peace and harmony. The daily program is enriched with yoga practice in the morning. Flower arranging courses are very popular, too.

His Holiness Mahamandaleshwar Paramhans Swami Maheshwarananda

Author of the System „Yoga in Daily Life“

Founder of International Sri Deep Madhavananda Ashram Fellowship

is coming from India, Rajasthan, and has been living in Austria, Europe, since 1972. He dedicated his whole life to help humanity through yoga and to evoke the ancient spiritual heritage of Sat Sanatana Dharma. His scientific master-system of »Yoga In Daily Life« teaches how to achieve good health, harmony, inner peace and spiritual development. This system is practiced throughout the whole world and promotes the following principles: physical, mental, social and spiritual health, respect for life of all living beings, tolerance of all religions, cultures and nationalities, protection of human rights and the environment. Furthermore Swamiji is engaged in numerous social and humanitarian activities. He has established continuous charitable projects, initiated global fundraising programs for the victims of natural disasters as well as worldwide prayers and meditations for World Peace.

Yoga in Daily Life around the world The system consists of eight progressive levels, which include physical exercises, breathing and relaxation techniques as well as meditation. The holistic system of yoga offers health and help in life to everyone regardless of age or denomination. The main goal of the »Yoga in Daily Life« system – which is a combination of the ancient teachings and wisdom of India and knowledge of modern time – is to attain and maintain our physical, mental, social and spiritual health.

Today the system of Yoga in Daily Life is practiced and known in numerous countries of all five continents: Australia, Austria, Bosnia & Hercegovina, Canada, Croatia, Czech Republic, Denmark, Fiji, France, Germany, Great Britain, Hungary, India, Italy, Israel, Japan, Luxembourg, Macedonia, Netherlands, New Zealand, Poland, Russia, Serbia & Montenegro, Slovakia, Slovenia, South Africa, Spain, Switzerland, Thailand, Turkey, Ukraine, USA.

Yoga in Daily Life is taught in thousands of locations and institutions throughout the world – in schools, pre-schools, sport centers, spas (example, for 25 years in the famous Spa Resort of Piestany, Slovakia), rehabilitation centers, cultural centers, private clubs etc. The system has proven to be significantly beneficial for both rehabilitation and preventative health measures, such as problems of the vegetative nervous system, stress-induced illness, psycho-somatic illness, sleep disorders, cardiovascular disease and other functional illnesses. The practices are led by yoga teachers who pass an examination after several years of practicing and training.

To foster the spiritual and humanitarian ideals which Paramhans Swami Maheshwarananda spreads throughout the world in the name of his Satguru Bhagwan Sri Deep Narayan Mahaprabhuji, his disciples have undertaken the task to build a big center which represents a home for all spiritual seekers and at the same time offers humanitarian aid to the needy.