

# STATEMENT OF RESOLUTION

## 4<sup>TH</sup> INTERNATIONAL YOUTH CONFERENCE

### *Youth for Sustainable Future*

15<sup>th</sup> August, 2006

Organised by 'Yoga in Daily Life Youth Union'

We, the participants of the 4<sup>th</sup> International Youth Conference, declare to undertake the following commitments that result from the messages received from the attending delegates and compilation of conference papers. We also request older generations for their support to uphold these commitments.

#### WE COMMIT OURSELVES TO THE FOLLOWING:

- to view the family as a basic value of human and society, and in the future to create our families with full responsibility and a firm determination to keep it complete
- to respect and understand the seniors in our society and to help them live a full and meaningful life
- to protect the environment on the level of individuals as well as on the level of whole society, in such a way that the growth of the individual and society is never at the expense of nature/environment
- to encourage vegetarian life-style as an effective means of famine relief in the world, and as a means to prevent animal torture and environmental protection
- to spread the idea of unity of all creatures on Earth
- to support physical, mental, social and spiritual health which can be achieved, along with other means, by practice of the system "Yoga in Daily Life"

#### WE AGREE THAT:

- war is not a path towards peace, and that it is necessary to cultivate peace within human minds by cultivating tolerance, mutual understanding and respect for all cultures, nations and religions
- it is necessary to develop and encourage firm foundations in family and education so that these foundations will effectively prevent drug addiction and also help the drug addicted
- we would be happy if problems of family did not disturb children's development
- it is important to protect the rights and dignity of people in hard life situations
- we realize the importance of media in human life and its strong influence on youth, therefore we ask media to provide important and truthful information that will support the development of the human personality

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